

ACT-SO GUIDELINES

DANCE

1. Only **one (1) solo performance is allowed.**
2. The performance **must not exceed five (5) minutes.**
3. Costumes are strongly recommended.
4. **Musical accompaniment must be provided by the contestant** on either a recording or a standard cassette tape. The cassette must contain **only** the music used for the performance. It is recommended that contestants provide a backup tape.
5. Choice of dance interpretation and selection of music are solely the decisions of the contestants.
6. The theme and dance form (ballet, modern, jazz, ethnic, etc.) should be identified to judges prior to performance.

NOTE: Aerobic exercises and cheerleading routines may NOT be used.

JUDGING CRITERIA

<input type="checkbox"/> Stage Presentations; Emotions	20 Points
<input type="checkbox"/> Costume Complement to Theme	20 Points
<input type="checkbox"/> Execution of Skill and Form (Effectiveness of Beginning and Ending)	20 Points
<input type="checkbox"/> Utilization of Space	20 Points
<input type="checkbox"/> Choreography/ Interpretation of Movement to Music	20 Points
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	100 Total