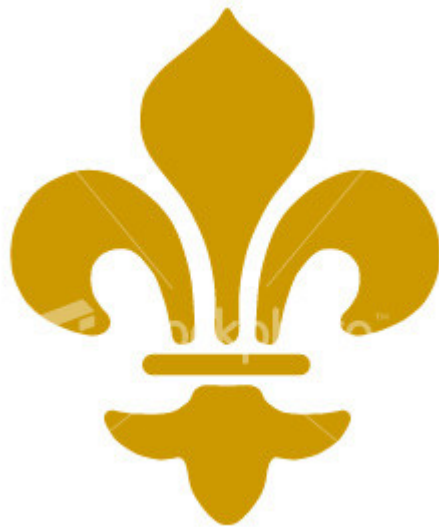


*North Garland
High School*

Mam'selles



Line Tryouts
2009-2010

Dear Mam'selle Hopeful and Parents,

We are excited that you are considering becoming a member of our organization. I feel that drill team has many wonderful benefits including great high school memories. You will establish lasting friendships and a sense of pride that comes from being a part of a team. Even if you are unsure of your decision, please attend the practices and ask questions and see what Varsity drill team is all about.

In the upcoming year we will be working hard to grow as a team and experience new things. In the summer, we will be attending camp at NGHS in August where we will learn most of our football routines and pep rally routines. We perform at all home and away Varsity football games as well as any playoff games. You are required to ride the bus to all away games. We also perform at some home basketball games. In the spring, we will be having our annual Spring Show. We also march the Labor Day Parade and occasionally the MLK Parade. In the spring we will be taking an optional trip to perform somewhere fun!

As a Mam'selle, you will be a role model to other students. Mam'selles must maintain passing grades, attend all practices, and develop respect for one another. We start practice at 6:45 am or 7 am each morning. If you don't have a ride, don't worry. We will help you find a ride with one of the other girls or your big sis. We will also have after school practices Tuesdays and occasionally on Thursdays. Drill team is double blocked both semesters during first period. Please make sure you have room in your schedule. You will receive a PE or Fine Arts credit for the class which is required for graduation.

There are no prerequisites for becoming a Mam'selle such as being on JV drill team or having dance experience. You just need a positive attitude and a willingness to learn.

I'm sure you are wondering about the cost of being a part of this organization. We do break up the cost into separate payments because we know that you are not made of money. We will have a candle fund raiser immediately following tryouts to defray the cost. The first year is the most expensive year. Please don't miss the opportunity to be a part of our organization due to cost.

Please contact me with any additional questions you may have about tryouts or drill team.

We look forward to seeing you!

Mrs. Kelly Long
Kdlong@garlandisd.net
972-675-3120 x61039

WHAT TO EXPECT:

Week of Tryouts:

You will learn a jazz routine, a kick routine, splits, and presentation during the week of practice. Mam'selles will be available for extra practice outside of scheduled practice time upon request. You **must attend all practices**. Be on time and dressed in your choice of leotards, jazz pants, biker shorts, or shorts (workout clothes). Wear a T-shirt and cover-up when in the hallways of the school. Have your hair up in a ponytail and out of your face. Do not leave purses and other valuables, etc. in the dressing room during practice. Carry all of your belongings with you or lock them up.

Mock Tryouts:

Mock tryouts are the day before the actual tryouts to prepare you for the real thing. Only I, the JV director, and the returning Mam'selles will be in the gym during mock tryouts. You will wear the exact attire listed for the day of tryouts with hair in a high ponytail with white ribbon, red lipstick and perform all routines like you would for tryouts.

Day of Tryouts:

On the day of tryouts, you will perform these routines for a panel of judges from outside the school district. The Olympic scoring system is used wherein the highest and lowest scores are thrown out. No one other than the directors, judges, and Director of Fine Arts will be in the gym during tryouts. You will be trying out in groups that you have been practicing with all week. There is no set number that we take for the team. You will wear your complete tryout attire.

Results will be posted at approximately 7:00 pm Saturday, May 10th on the front window by the main office. Only numbers will be posted and you will not be able to enter the school for any reason.

You will be scored on the following areas:

- Image/Presence (20 pts)**
- Jazz Routine (20 pts)**
- Kick Routine (20 pts)**
- Overall Technique (20 pts)**
- Projection (10 pts)**
- Left Leg Splits (10 pts)**
- Right Leg Splits (10 pts)**

Important Dates & Information

- May 4 -Application with photo and notarized medical forms due at 2:45pm
(applications may be turned in prior to this day)
-Meet in the Dance Room for workout 2:45-5:00 pm
-Cds of music will be available for sale- \$1.00
- May 4 -7 Workout in Gym 2:45-5:00 pm
- May 8 Mock tryouts in Big Gym 2:45-5:00 pm
- May 9 Tryouts at Naaman Forest High School 3:30 pm
Arrive at 3 pm to stretch and prepare
- May 11 -14 New team practice in dance room 2:30-4:30
- May 14 Mandatory Parent Mtg & Fitting 6:30 pm in Cafeteria
- May 18-21 Practice 2:30-5:00 pm

Summer Mtg Dates: June

Line Camp at NGHS August 4-7 1:30-8 pm in the GYM

Summer Practices August 10-14, & 17-21 9 am - Noon at NGHS

*Please inform your parents and friends that workouts and tryouts are closed. They cannot stay and watch you practice. If they arrive early, they will need to wait outside.

*Tryout attire

Black lycra, mock turtleneck, sleeveless zipper back leotard, black lycra jazz pants, black socks with black dance shoes or, white socks with white ked-like shoes. Hair: High Ponytail with all hair out of your face. Make up: Be sure to wear some and add red lipstick. All the items mentioned except the ked-like shoes will be used once you make Mam'selles and can be purchased at any dancewear store:

Artful Dancewear
9665 N Central Expy
Suite 140A
Dallas, TX 75231
214-739-9999

Mesquite Dancewear
701 Highway 352
Mesquite, TX 75149
972-288-7775

Dance Store & More
810 W Central Expy
Suite 114
Plano, TX 75074
972-633-0863

Team Go Figure
301 N Country Club
Garland, TX 75040
972-276-6700

Mam'selle Application 2009-2010
North Garland High School

ATTACH
PHOTO
HERE

Full Name _____

Address _____ City _____ Zip _____

Phone Number _____ Age _____ Birthday _____

Email _____

Current Classification (circle) Freshman Sophomore Junior

Are you employed? _____ Where? _____

Have you been in drill team, taken dance or a similar activity (explain)?

****Dance/Drill Team Experience is not required or necessary to become a Mam'selle!!***

To what other clubs or organizations do you belong?

I have read all the rules and regulations of the Mam'selles and will participate in all required activities. I understand there are tryouts for each performance as well as the initial tryout to become a Mam'selle. I understand to remain eligible, Mam'selles must pass all courses each six weeks.

Candidate Signature

Date

We have discussed the responsibilities of being a member of Mam'selles such as cost, time involved, physical requirements, and performance tryouts. I understand her obligations and responsibilities as a member of the Mam'selles and I will help her in her assignment as a Mam'selle. I have read the GISD regulations and my child will abide by them. I give my permission for her participation in tryouts and understand that the decisions of the judges will be final.

Signature of Parent/Guardian

Date

**THE FOLLOWING PAGE MUST BE NOTARIZED BEFORE
YOU CAN PARTICIPATE IN ANY TRYOUT ACTIVITIES!!!!!!**

Permission for Medical Treatment

In the event of an emergency as a result of athletic participation that requires medical attention, I grant permission to the school and/or Mrs. Long to take whatever action they feel necessary. If I cannot be reached, the NGHS staff is authorized to give consent for unexpected medical care and hospitalization to my child,

Student Name

Date

I expect every effort will be made to contact me in order to receive my specific authorization before any medical treatment or hospitalization is undertaken.

Signed _____ Date _____ Phone # _____

Address _____

State of Texas
County of Dallas

Subscribed and sworn to before me, a Notary Public in
and for Dallas County, State of Texas
On this the _____ day of _____ 2007.

Signature of Notary

Commission Expires

Medical Information

Parent(s) Name _____

Home phone # _____ Work phone # _____

Do you have medical insurance _____ yes _____ no

Insurance Name _____ Policy # _____
(Please attach a copy of the insurance card)

Person to be notified other than parent or guardian in an emergency:

Emergency contact _____ Phone # _____

Family Doctor _____ Phone # _____

MEDICAL INFORMATION

	<u>Yes</u>	<u>No</u>
Allergic to any medication	___	___
Kidney Injury	___	___
Heart Condition	___	___
Diabetes	___	___
Asthma	___	___
Do you use an inhaler	___	___
Do you wear glasses or contacts	___	___

PLEASE PUT ANY OTHER MEDICAL INFORMATION BELOW:

Uniform List 2009

Field Accessories:

Sequin Hat	\$77	M
Boots	\$67	M
Tights	\$11.50 or \$13	AD*

Active Wear:

Black Leotard	\$26	AD*
Practice Top	\$30	TL
Practice Top	\$30	TL
Practice Top	\$30	TL
Black Jazz Pants	\$22	AD*
Black Baltog Capris	\$25	AD
Black Wrap Skirt	\$14	AD*
Pep Rally (Pant & Jacket)	\$110	TL
Pep Rally T-shirt	\$15	M
Lyrical Shoe	\$17.50	AD
Black Jazz Shoes	\$27	AD

Accessories:

Poms	\$26	TL
Thursday Shirt	\$30	M
Bags (with name)	\$32	TL
Letter Jacket	\$110	M

Activity Fee

Camp	\$75	M
	\$75-\$100M	

Optional:

Warm Ups	\$81.50	TL
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Approx. Grand Total: \$875

TL – team leader (does not include tax)

M- Mam’selles

AD – Artful Dancewear

There will be a payment schedule so that everything is not due all at once. We also have a candle fundraiser immediately following tryouts to defray the cost of drill team. Please know that it will **only** cost this much the first year and there will be some used items to purchase from graduating team members at a discounted cost. After that, you will only pay for replacement items that are worn out, torn, lost, etc. camp, and activity fees.

Payment schedule usually looks something like this:

May \$200	(\$50 camp deposit, \$150 deposit for practice wear)
June \$225	(artful orders, t-shirt & camp,)
August \$250	(boots, hat,)
September \$110-145	(letter jacket & optional sweatshirt)
October \$25	(activity fee)
November \$25	(activity fee)
January \$25	(activity fee)

* Items you may already have
Approx Cost if on La Petites: \$786

There will be select items that can be
bought used from graduating
Mam’selles. First come, first serve.
Some items you may already have so
you do not need to purchase them again.
Some prices may not be exact.

50% of your candle sales will be
deducted from your total due!