

FEBRUARY 2009 BREAKFAST MENU

Enjoy a complete breakfast for only \$1.25

GARLAND INDEPENDENT SCHOOL DISTRICT

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Waffles Or Scrambled Eggs & Toast Chilled Fruit or Juice Choice of Milk	Breakfast Pizza Or Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	Cereal and Toast (1) Or Cheese & Egg Burrito Chilled Fruit or Juice Choice of Milk	Cereal & Toaster Pastry (1) Or Toaster Pastry (2) Chilled Fruit or Juice Choice of Milk	Hot Oatmeal (8oz) Or Cinnamon Raisin Biscuit Chilled Fruit or Juice Choice of Milk
9	10	11	12	13
Pancake (2) w/Syrup Or Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	Biscuits & Gravy Or Cinnamon Toast Swirl Chilled Fruit or Juice Choice of Milk	Breakfast on a Bun Or Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	Cinnamon Roll & Sausage Or Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	Hot Oatmeal (8oz) Or Grilled Cheese Sandwich Chilled Fruit or Juice Choice of Milk
16	17	18	19	20
Student Holiday	Breakfast Pizza Or Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	Cereal and Toast (1) Or Cheddar Cheese Omelet & Toast Chilled Fruit or Juice Choice of Milk	Blueberry Muffin Or Breakfast Pizza Bites Chilled Fruit or Juice Choice of Milk	Hot Oatmeal (8oz) Or Cinnamon Raisin Biscuit Chilled Fruit or Juice Choice of Milk
23	24	25	26	27
Breakfast on a Bun Or Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	Sausage & Biscuit (1) Or Cereal & Biscuit Chilled Fruit or Juice Choice of Milk	Scrambled Eggs w/Cheese & Toast Or Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	Sausage Roll Or Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	Cinnamon Toast Swirl Or Grilled Cheese Sandwich Chilled Fruit or Juice Choice of Milk

FEBRUARY 2009 KINDERGARTEN & FIRST GRADE LUNCH MENU

Elementary Plate Lunch \$2.25

GARLAND INDEPENDENT SCHOOL DISTRICT

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pepperoni Pizza Broccoli w/Cheese Whole Kernel Corn Choice of Milk	3 Bar-B-Que on Bun Baked Beans Fruit w/Gelatin Choice of Milk	4 Steak Fingers Steamed New Potatoes Fruit Cup Choice of Milk Assorted Homemade Bread	5 Enchiladas Baked Apples Refried Beans w/Tortilla Chips Choice of Milk	6 Breaded Chicken on Bun Tater Tots Fresh Fruit Choice of Milk
9 Cheese Pizza Peas & Carrots Pineapple Chunks Choice of Milk	10 Crispy Fish California Blend Vegetables Waldorf Salad Choice of Milk Assorted Homemade Bread	11 Fried Chicken Mashed Potatoes/Gravy Green Beans in Cheesy Sauce Choice of Milk Assorted Homemade Bread	12 Chili w/Beans Celery Sticks Corn on the Cob Choice of Milk Crackers	13 Cheeseburger French Fries Fresh Fruit Choice of Milk
16 Student Holiday	17 Grilled Cheese Sandwich Whole Kernel Corn Chilled Applesauce Choice of Milk	18 Chicken Fried Chicken Mashed Potatoes/Gravy Seasoned Green Beans Choice of Milk Assorted Homemade Bread	19 Taco Roll Pinto Beans Veggie Sticks w/Creamy Dip Choice of Milk	20 Hamburger French Fries Fresh Fruit Choice of Milk
23 Cheese Pizza Mixed Vegetables Fruit w/Gelatin Choice of Milk	24 Spaghetti w/Meat Sauce Seasoned New Potatoes Sliced Peaches Choice of Milk	25 Chicken Nuggets Potatoes Au Gratin Steamed English Peas Choice of Milk Assorted Homemade Bread	26 Gordita Mexican Corn Fruit Cup Choice of Milk	27 Cheeseburger French Fries Fresh Fruit Choice of Milk

FEBRUARY 2009 LUNCH MENU

GARLAND INDEPENDENT SCHOOL DISTRICT

Elementary Plate Lunch \$2.25

Secondary Plate Lunch \$2.35

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Choice of Entrée: 2 Pepperoni Pizza Teriyaki Chicken</p> <p>Choice of 2 Side Dishes: Broccoli w/Cheese Steamed Carrots Whole Kernel Corn Strawberries</p> <p>Choice of Milk Rice Pilaf</p>	<p>Choice of Entrée: 3 Chicken Parmesan on Pasta Bar-B-Que on Bun</p> <p>Choice of 2 Side Dishes: Potato Salad Baked Beans Steamed Spinach Fruit w/Gelatin</p> <p>Choice of Milk</p>	<p>Choice of Entrée: 4 Baked Ham Steak Fingers</p> <p>Choice of 2 Side Dishes: Steamed New Potatoes Cauliflower Au Gratin Seasoned Green Beans Fruit Cup</p> <p>Choice of Milk Assorted Homemade Bread</p>	<p>Choice of Entrée: 5 Taco Boats Enchiladas</p> <p>Choice of 2 Side Dishes: Refried Beans w/Tortilla Chips Mixed Vegetables Garden Salad Baked Apples</p> <p>Choice of Milk Spanish Rice</p>	<p>Choice of Entrée: 6 Hamburger Breaded Chicken on Bun</p> <p>Choice of 2 Side Dishes: Tater Tots Campus Choice Vegetable Hamburger Salad Fresh Fruit</p> <p>Choice of Milk</p>
<p>Choice of Entrée: 9 Cheese Pizza Taco Salad</p> <p>Choice of 2 Side Dishes: Peas & Carrots Squash Casserole Pineapple Chunks Seasoned Green Beans</p> <p>Choice of Milk</p>	<p>Choice of Entrée: 10 Crispy Fish Sub Sandwich</p> <p>Choice of 2 Side Dishes: Steamed English Peas California Blend Vegetables Broccoli-Rice Casserole Waldorf Salad</p> <p>Choice of Milk Assorted Homemade Bread</p>	<p>Choice of Entrée: 11 Fried Chicken Beef Tips w/Rice</p> <p>Choice of 2 Side Dishes: Mashed Potatoes/Gravy Green Beans in Cheesy Sauce Black-eyed Peas Peach Cobbler</p> <p>Choice of Milk Assorted Homemade Bread</p>	<p>Choice of Entrée: 12 Chili w/Beans Chicken Quesadilla</p> <p>Choice of 2 Side Dishes: Celery Sticks Corn on the Cob Mixed Vegetables Fruit w/Gelatin</p> <p>Choice of Milk Crackers/Spanish Rice</p>	<p>Choice of Entrée: 13 Cheeseburger Grilled Chicken Sandwich</p> <p>Choice of 2 Side Dishes: French Fries Campus Choice Vegetable Hamburger Salad Fresh Fruit</p> <p>Choice of Milk</p>
<p>Student Holiday 16</p>	<p>Choice of Entrée: 17 Pepperoni Pizza Grilled Cheese Sandwich</p> <p>Choice of 2 Side Dishes: Whole Kernel Corn Steamed Broccoli Tossed Salad Chilled Applesauce</p> <p>Choice of Milk</p>	<p>Choice of Entrée: 18 Chicken Fried Chicken Beef Stew</p> <p>Choice of 2 Side Dishes: Mashed Potatoes/Gravy Seasoned Green Beans Sliced Peaches Garden Salad</p> <p>Choice of Milk Assorted Homemade Bread</p>	<p>Choice of Entrée: 19 Taco Roll Chicken Fajitas</p> <p>Choice of 2 Side Dishes: Pinto Beans Southwest Cole Slaw Veggie Sticks w/Creamy Dip Fruit w/Gelatin</p> <p>Choice of Milk Spanish Rice</p>	<p>Choice of Entrée: 20 Hamburger Fish on Bun</p> <p>Choice of 2 Side Dishes: French Fries Campus Choice Vegetable Hamburger Salad Fresh Fruit</p> <p>Choice of Milk</p>
<p>Choice of Entrée: 23 Cheese Pizza Turkey Sub Sandwich</p> <p>Choice of 2 Side Dishes: Mixed Vegetables Creamed Spinach Sandwich Relish Plate Green Salad</p> <p>Choice of Milk</p>	<p>Choice of Entrée: 24 Spaghetti w/Meat Sauce Grilled Chicken w/BBQ Sauce</p> <p>Choice of 2 Side Dishes: Sugar Snap Peas Whole Kernel Corn Seasoned New Potatoes Carrot-Raisin Salad</p> <p>Choice of Milk Assorted Homemade Bread</p>	<p>Choice of Entrée: 25 Chicken Nuggets Turkey Pot Pie</p> <p>Choice of 2 Side Dishes: Potatoes Au Gratin California Blend Vegetables Steamed English Peas Peach Cobbler</p> <p>Choice of Milk Assorted Homemade Bread</p>	<p>Choice of Entrée: 26 Burrito w/Chili Gordita</p> <p>Choice of 2 Side Dishes: Mexican Corn Spanish Squash Cole Slaw Fruit Cup</p> <p>Choice of Milk</p>	<p>Choice of Entrée: 27 Cheeseburger Breaded Chicken on Bun</p> <p>Choice of 2 Side Dishes: French Fries Campus Choice Vegetable Hamburger Salad Fresh Fruit</p> <p>Choice of Milk</p>

Note: Entrees may count as a combination of items such as meat/bread or meat/vegetable. Chef Salads & a variety of fruits and vegetables are offered daily.