

MARCH 2009 BREAKFAST MENU

Enjoy a complete breakfast for only \$1.25

GARLAND INDEPENDENT SCHOOL DISTRICT

Menus are subject to change


| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
| 2 Pancakes (2) w/Syrup <u>Or</u> Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk | 3 Cereal & Biscuit <u>Or</u> Sausage Biscuit (1) Chilled Fruit or Juice Choice of Milk | 4 Cheddar Cheese Omelet & Toast <u>Or</u> Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk | 5 Sausage Roll <u>Or</u> Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk | 6 Hot Oatmeal (8oz) <u>Or</u> Grilled Cheese Sandwich Chilled Fruit or Juice Choice of Milk |
| 9 Waffles <u>Or</u> Scrambled Eggs & Toast Chilled Fruit or Juice Choice of Milk | 10 Breakfast Pizza <u>Or</u> Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk | 11 Cereal & Toast (1) <u>Or</u> Cheese & Egg Burrito Chilled Fruit or Juice Choice of Milk | 12 Cereal & Toaster Pastry (1) <u>Or</u> Toaster Pastry (2) Chilled Fruit or Juice Choice of Milk | 13 Hot Oatmeal (8oz) <u>Or</u> Cinnamon Raisin Biscuit Chilled Fruit or Juice Choice of Milk |
| 16 | 17 | 18 | 19 | 20 |
| SPRING BREAK | | | | |
| 23 Pancakes (2) w/Syrup <u>Or</u> Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk | 24 Biscuit & Gravy <u>Or</u> Cinnamon Toast Swirl Chilled Fruit or Juice Choice of Milk | 25 Breakfast on a Bun <u>Or</u> Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk | 26 Cinnamon Roll & Sausage <u>Or</u> Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk | 27 Hot Oatmeal (8oz) <u>Or</u> Grilled Cheese Sandwich Chilled Fruit or Juice Choice of Milk |
| 30 French Toast Sticks <u>Or</u> Scrambled Eggs & Toast Chilled Fruit or Juice Choice of Milk | 31 Breakfast Pizza <u>Or</u> Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk | | |  |

MARCH 2009 KINDERGARTEN & FIRST GRADE LUNCH MENU

Elementary Plate Lunch \$2.25

GARLAND INDEPENDENT SCHOOL DISTRICT

Menus are subject to change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| 2 Fried Chicken Mashed Potatoes/Gravy Green Beans Choice of Milk Assorted Homemade Bread | 3 Cheese Pizza Baked Beans Chilled Applesauce Choice of Milk | 4 Corn Dog English Peas Peaches Choice of Milk | 5 Nachos Grande Refried Beans Fruit Cup Choice of Milk | 6 Hamburger French Fries Fresh Fruit Choice of Milk |
| 9 Pepperoni Pizza Broccoli w/Cheese Whole Kernel Corn Choice of Milk | 10 Macaroni & Cheese Steamed Broccoli Black-eyed Peas Choice of Milk | 11 Steak Fingers Steamed New Potatoes Fruit Cup Choice of Milk Assorted Homemade Bread | 12 Enchiladas Baked Apples Refried Beans w/Tortilla Chips Choice of Milk | 13 Breaded Chicken on Bun Tater Tots Fresh Fruit Choice of Milk |
| 16 | 17 | 18 | 19 | 20 |
| SPRING BREAK | | | | |
| 23 Cheese Pizza Peas & Carrots Pineapple Chunks Choice of Milk | 24 Bar-B-Que on Bun Baked Beans Fruit w/Gelatin Choice of Milk Assorted Homemade Bread | 25 Chicken Nuggets Mashed Potatoes/Gravy Green Beans in Cheesy Sauce Choice of Milk Assorted Homemade Bread | 26 Chili w/Beans Celery Sticks Corn on the Cob Choice of Milk Crackers | 27 Cheeseburger French Fries Fresh Fruit Choice of Milk |
| 30 Grilled Cheese Sandwich Whole Kernel Corn Pineapple Chunks Choice of Milk | 31 Corn Dog Steamed Carrots Lime Gelatin w/Fruit Choice of Milk | | |  |

MARCH 2009 LUNCH MENU

GARLAND INDEPENDENT SCHOOL DISTRICT


Elementary Plate Lunch \$2.25

Secondary Plate Lunch \$2.35

Menus are subject to change

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| Choice of Entrée: 2 Fried Chicken Tuna Salad Choice of 2 Side Dishes: Mashed Potatoes/Gravy Green Beans Squash Casserole Sliced Peaches Choice of Milk Assorted Bread/Crackers | Choice of Entrée: 3 Cheese Pizza Hot Dog w/ Chili Choice of 2 Side Dishes: Baked Beans Garden Salad Seasoned Green Bean Chilled Applesauce Choice of Milk | Choice of Entrée: 4 Grilled Chicken Sandwich Corn Dog Choice of 2 Side Dishes: Steamed English Peas California Blend Vegetables Broccoli-Rice Casserole Waldorf Salad Choice of Milk Assorted Homemade Bread | Choice of Entrée: 5 Nachos Grande Mexican Cheese Steak Choice of 2 Side Dishes: Refried Beans Steamed New Potatoes Vegetable Salad Fruit Cup Choice of Milk Assorted Bread/Spanish Rice | Choice of Entrée: 6 Hamburger Sub Sandwich Choice of 2 Side Dishes: French Fries Campus Choice Vegetable Hamburger Salad Fresh Fruit Choice of Milk |
| Choice of Entrée: 9 Pepperoni Pizza Teriyaki Chicken Choice of 2 Side Dishes: Broccoli w/Cheese Steamed Carrots Whole Kernel Corn Strawberries Choice of Milk Rice Pilaf | Choice of Entrée: 10 Salisbury Steak Macaroni & Cheese Choice of 2 Side Dishes: Black-eyed Peas Steamed Broccoli Carrot & Celery Sticks Pears Choice of Milk Assorted Homemade Bread | Choice of Entrée: 11 Baked Ham Steak Fingers Choice of 2 Side Dishes: Steamed New Potatoes Cauliflower Au Gratin Seasoned Green Beans Fruit Cup Choice of Milk Assorted Homemade Bread | Choice of Entrée: 12 Taco Salad Enchiladas Choice of 2 Side Dishes: Refried Beans w/Tortilla Chips Mixed Vegetables Garden Salad Baked Apples Choice of Milk Spanish Rice | Choice of Entrée: 13 Hamburger Breaded Chicken on Bun Choice of 2 Side Dishes: Tater Tots Campus Choice Vegetable Hamburger Salad Fresh Fruit Choice of Milk |
| 16 | 17 | 18 | 19 | 20 |

SPRING BREAK

| | | | | |
|--|---|---|--|--|
| Choice of Entrée: 23 Cheese Pizza Tuna Salad Choice of 2 Side Dishes: Peas & Carrots Squash Casserole Pineapple Chunks Seasoned Green Beans Choice of Milk | Choice of Entrée: 24 Chicken Parmesan on Pasta Bar-B-Que on Bun Choice of 2 Side Dishes: Potato Salad Baked Beans Steamed Spinach Fruit w/Gelatin Choice of Milk | Choice of Entrée: 25 Chicken Nuggets Beef Tips w/Rice Choice of 2 Side Dishes: Mashed Potatoes/Gravy Green Beans in Cheesy Sauce Black-eyed Peas Peach Cobbler Choice of Milk Assorted Homemade Bread | Choice of Entrée: 26 Chili w/Beans Chicken Quesadilla Choice of 2 Side Dishes: Celery Sticks Corn on the Cob Mixed Vegetables Fruit w/Gelatin Choice of Milk Crackers/Spanish Rice | Choice of Entrée: 27 Cheeseburger Grilled Chicken Sandwich Choice of 2 Side Dishes: French Fries Campus Choice Vegetable Hamburger Salad Fresh Fruit Choice of Milk |
| Choice of Entrée: 30 Pepperoni Pizza Grilled Cheese Sandwich Choice of 2 Side Dishes: Whole Kernel Corn Steamed Broccoli Tossed Salad Pineapple Chunks Choice of Milk | Choice of Entrée: 31 Lasagna Corn Dog Choice of 2 Side Dishes: Steamed Carrots Baked Apples Fresh Green Salad Lime Gelatin w/Fruit Choice of Milk | | |  |

Note: Entrees may count as a combination of items such as meat/bread or meat/vegetable. Chef Salads & a variety of fruits and vegetables are offered daily.