


# APRIL 2009 BREAKFAST MENU

Enjoy a complete breakfast for only \$1.25

GARLAND INDEPENDENT SCHOOL DISTRICT

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Cereal and Toast (1) <b>Or</b> Cheddar Cheese Omelet & Toast Chilled Fruit or Juice Choice of Milk	2 Blueberry Muffin <b>Or</b> Breakfast Pizza Bites Chilled Fruit or Juice Choice of Milk	3 Hot Oatmeal (8oz) <b>Or</b> Cinnamon Raisin Biscuit Chilled Fruit or Juice Choice of Milk
6 Breakfast on a Bun <b>Or</b> Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	7 Breakfast Pizza <b>Or</b> Cereal & Toast Chilled Fruit or Juice Choice of Milk	8 Scrambled Eggs w/Cheese & Toast <b>Or</b> Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	9 Sausage Roll <b>Or</b> Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	<b>Student Holiday</b>
13 Pancakes (2) w/Syrup <b>Or</b> Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	14 Sausage Biscuit (1) <b>Or</b> Cereal & Biscuit Chilled Fruit or Juice Choice of Milk	15 Cereal and Toast (1) <b>Or</b> Cheddar Cheese Omelet & Toast Chilled Fruit or Juice Choice of Milk	16 Sausage Roll <b>Or</b> Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	17 Hot Oatmeal (8oz) <b>Or</b> Grilled Cheese Sandwich Chilled Fruit or Juice Choice of Milk
20 Waffles <b>Or</b> Scrambled Eggs & Toast Chilled Fruit or Juice Choice of Milk	21 Biscuit & Gravy <b>Or</b> Cinnamon Toast Swirl Chilled Fruit or Juice Choice of Milk	22 Cheese & Egg Burrito <b>Or</b> Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	23 Cereal & Toaster Pastry (1) <b>Or</b> Toaster Pastry (2) Chilled Fruit or Juice Choice of Milk	24 Hot Oatmeal (8oz) <b>Or</b> Cinnamon Raisin Biscuit Chilled Fruit or Juice Choice of Milk
27 Pancakes (2) w/Syrup <b>Or</b> Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	28 Breakfast Pizza <b>Or</b> Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	29 Breakfast on Bun <b>Or</b> Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	30 Cinnamon Roll & Sausage <b>Or</b> Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	

# APRIL 2009 KINDERGARTEN & FIRST GRADE LUNCH MENU

Elementary Plate Lunch \$2.25

GARLAND INDEPENDENT SCHOOL DISTRICT

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Chicken Fried Chicken Mashed Potatoes/Gravy Sliced Peaches  <b>Choice of Milk</b> Assorted Homemade Bread	Taco Roll Pinto Beans Fruit w/ Gelatin  <b>Choice of Milk</b>	Hamburger French Fries Fresh Fruit  <b>Choice of Milk</b>
6	7	8	9	10
Cheese Pizza Mixed Vegetables Chilled Applesauce  <b>Choice of Milk</b>	Hot Dog w/ Chili Whole Kernel Corn Sliced Peaches  <b>Choice of Milk</b>	Chicken Nuggets Potatoes Au Gratin Steamed English Peas  <b>Choice of Milk</b> Assorted Homemade Bread	Cheeseburger French Fries Fresh Fruit  <b>Choice of Milk</b>	<b>Student Holiday</b>
13	14	15	16	17
Spaghetti w/ Meat Sauce Baked Beans Pineapple Slices  <b>Choice of Milk</b>	Macaroni & Cheese Black-eyed Peas Pears  <b>Choice of Milk</b>	Fried Chicken Mashed Potatoes Sliced Peaches  <b>Choice of Milk</b> Assorted Homemade Bread	Nachos Grande Refried Beans Fruit Cup  <b>Choice of Milk</b>	Hamburger French Fries Fresh Fruit  <b>Choice of Milk</b>
20	21	22	23	24
Pepperoni Pizza Broccoli w/ Cheese Whole Kernel Corn  <b>Choice of Milk</b>	Bar-B-Que on Bun Baked Beans Fruit w/ Gelatin  <b>Choice of Milk</b>	Steak Fingers Seasoned Green Beans Fruit Cup  <b>Choice of Milk</b> Assorted Homemade Bread	Enchiladas Pinto Beans Baked Apples  <b>Choice of Milk</b>	Breaded Chicken on Bun Tater Tots Fresh Fruit  <b>Choice of Milk</b>
27	28	29	30	
Cheese Pizza Pineapple Chunks Seasoned Green Beans  <b>Choice of Milk</b>	Crispy Fried Fish California Blend Vegetables Sliced Peaches  <b>Choice of Milk</b> Assorted Homemade Bread	Fried Chicken Mashed Potatoes/Gravy Green Beans in Cheesy Sauce  <b>Choice of Milk</b> Assorted Homemade Bread	Chili w/ Beans Mixed Vegetables Fruit w/ Gelatin  <b>Choice of Milk</b> Crackers	


# APRIL 2009 LUNCH MENU

## GARLAND INDEPENDENT SCHOOL DISTRICT

Elementary Plate Lunch \$2.25

Secondary Plate Lunch \$2.35

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>Choice of Entrée: 1</b> Chicken Fried Chicken Beef Stew <b>Choice of 2 Side Dishes:</b> Mashed Potatoes/Gravy Seasoned Green Beans Sliced Peaches Garden Salad <b>Choice of Milk</b> Assorted Homemade Bread	<b>Choice of Entrée: 2</b> Taco Roll Chicken Fajitas <b>Choice of 2 Side Dishes:</b> Pinto Beans Southwest Cole Slaw Veggie Sticks w/ Creamy Dip Fruit w/Gelatin <b>Choice of Milk</b>	<b>Choice of Entrée: 3</b> Hamburger Grilled Chicken Sandwich <b>Choice of 2 Side Dishes:</b> French Fries Campus Choice Vegetable Hamburger Salad Fresh Fruit <b>Choice of Milk</b>
<b>Choice of Entrée: 6</b> Cheese Pizza Turkey Sub Sandwich <b>Choice of 2 Side Dishes:</b> Mixed Vegetables Creamed Spinach Sandwich Relish Plate Green Salad <b>Choice of Milk</b>	<b>Choice of Entrée: 7</b> Hot Dog w/ Chili Breaded Chicken on Bun <b>Choice of 2 Side Dishes:</b> Sugar Snap Peas Whole Kernel Corn Seasoned New Potatoes Carrot-Raisin Salad <b>Choice of Milk</b>	<b>Choice of Entrée: 8</b> Chicken Nuggets Turkey Pot Pie <b>Choice of 2 Side Dishes:</b> Potatoes Au Gratin California Blend Vegetables Steamed English Peas Peach Cobbler <b>Choice of Milk</b> Assorted Homemade Bread	<b>Choice of Entrée: 9</b> Cheeseburger Fish on Bun <b>Choice of 2 Side Dishes:</b> French Fries Campus Choice Vegetable Hamburger Salad Fresh Fruit <b>Choice of Milk</b>	<b>Student Holiday</b>
<b>Choice of Entrée: 13</b> Cheese Pizza Spaghetti w/ Meat Sauce <b>Choice of 2 Side Dishes:</b> Baked Beans Garden Salad Pineapple Slices Chilled Applesauce <b>Choice of Milk</b>	<b>Choice of Entrée: 14</b> Salisbury Steak Macaroni & Cheese <b>Choice of 2 Side Dishes:</b> Black-eyed Peas Steamed Broccoli Carrot & Celery Sticks Pears <b>Choice of Milk</b> Assorted Homemade Bread	<b>Choice of Entrée: 15</b> Fried Chicken Tuna Salad <b>Choice of 2 Side Dishes:</b> Mashed Potatoes/Gravy Green Beans Squash Casserole Sliced Peaches <b>Choice of Milk</b> Assorted Bread/Crackers	<b>Choice of Entrée: 16</b> Nachos Grande Mexican Cheese Steak <b>Choice of 2 Side Dishes:</b> Refried Beans Steamed New Potatoes Vegetable Salad Fruit Cup <b>Choice of Milk</b> Assorted Bread/Spanish Rice	<b>Choice of Entrée: 17</b> Hamburger Grilled Chicken Sandwich <b>Choice of 2 Side Dishes:</b> French Fries Campus Choice Vegetable Hamburger Salad Fresh Fruit <b>Choice of Milk</b>
<b>Choice of Entrée: 20</b> Pepperoni Pizza Teriyaki Chicken <b>Choice of 2 Side Dishes:</b> Broccoli w/Cheese Steamed Carrots Whole Kernel Corn Strawberries <b>Choice of Milk</b> Rice Pilaf	<b>Choice of Entrée: 21</b> Chicken Parmesan on Pasta Bar-B-Que on Bun <b>Choice of 2 Side Dishes:</b> Potato Salad Baked Beans Steamed Spinach Fruit w/ Gelatin <b>Choice of Milk</b>	<b>Choice of Entrée: 22</b> Baked Ham Steak Fingers <b>Choice of 2 Side Dishes:</b> Steamed New Potatoes Cauliflower Au Gratin Seasoned Green Beans Fruit Cup <b>Choice of Milk</b> Assorted Homemade Bread	<b>Choice of Entrée: 23</b> Taco Boats Enchiladas <b>Choice of 2 Side Dishes:</b> Pinto Beans Mixed Vegetables Garden Salad Baked Apples <b>Choice of Milk</b> Spanish Rice	<b>Choice of Entrée: 24</b> Hamburger Breaded Chicken on Bun <b>Choice of 2 Side Dishes:</b> Tater Tots Campus Choice Vegetable Hamburger Salad Fresh Fruit <b>Choice of Milk</b>
<b>Choice of Entrée: 27</b> Cheese Pizza Taco Roll <b>Choice of 2 Side Dishes:</b> Peas & Carrots Squash Casserole Pineapple Chunks Seasoned Green Beans <b>Choice of Milk</b>	<b>Choice of Entrée: 28</b> Crispy Fried Fish Sub Sandwich <b>Choice of 2 Side Dishes:</b> Steamed English Peas California Blend Vegetables Broccoli-Rice Casserole Waldorf Salad <b>Choice of Milk</b> Assorted Homemade Bread	<b>Choice of Entrée: 29</b> Fried Chicken Corn Dog <b>Choice of 2 Side Dishes:</b> Mashed Potatoes/Gravy Green Beans in Cheesy Sauce Black-eyed Peas Peach Cobbler <b>Choice of Milk</b> Assorted Homemade Bread	<b>Choice of Entrée: 30</b> Chili w/Beans Burrito <b>Choice of 2 Side Dishes:</b> Celery Sticks Corn on Cob Mixed Vegetables Fruit w/Gelatin <b>Choice of Milk</b> Crackers/Spanish Rice	

*Note: Entrees may count as a combination of items such as meat/bread or meat/vegetable. Chef Salads & a variety of fruits and vegetables are offered daily.*