

SEPTEMBER 2008 BREAKFAST MENU

Enjoy a complete breakfast for only \$1.25

GARLAND INDEPENDENT SCHOOL DISTRICT

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY HOLIDAY 1	2 Cinnamon Swirl French Toast Or Breakfast Pizza Bites Chilled Fruit or Juice Choice of Milk	3 Scrambled Eggs w/ Cheese & Toast Or Cereal & Toast Chilled Fruit or Juice Choice of Milk	4 Cinnamon Roll & Sausage Or Cereal & Toast Chilled Fruit or Juice Choice of Milk	5 Hot Oatmeal Or Grilled Cheese Sandwich Chilled Fruit or Juice Choice of Milk
8 French Toast Sticks Or Scrambled Eggs w/ Toast Chilled Fruit or Juice Choice of Milk	9 Breakfast Pizza Or Cereal & Toast Chilled Fruit or Juice Choice of Milk	10 Breakfast on a Bun Or Cereal & Toast Chilled Fruit or Juice Choice of Milk	11 Sausage Roll Or Cereal & Toast Chilled Fruit or Juice Choice of Milk	12 Hot Oatmeal Or Cinnamon Raisin Biscuit Chilled Fruit or Juice Choice of Milk
15 Breakfast Pizza Bites Or Pancakes w/Syrup Chilled Fruit or Juice Choice of Milk	16 Sausage Biscuit Or Cereal & Biscuit Chilled Fruit or Juice Choice of Milk	17 Cheddar Cheese Omelet & Toast Or Cereal & Toast Chilled Fruit or Juice Choice of Milk	18 Cinnamon Swirl French Toast Or Cereal & Toast Chilled Fruit or Juice Choice of Milk	19 Hot Oatmeal Or Grilled Cheese Sandwich Chilled Fruit or Juice Choice of Milk
22 Waffles Or Scrambled Eggs & Toast Chilled Fruit or Juice Choice of Milk	23 Breakfast Pizza Or Cereal & Toast Chilled Fruit or Juice Choice of Milk	24 Cheese & Egg Burrito Or Cereal & Toast Chilled Fruit or Juice Choice of Milk	25 Sausage Roll Or Cereal & Toast Chilled Fruit or Juice Choice of Milk	26 Hot Oatmeal Or Cinnamon Raisin Biscuit Chilled Fruit or Juice Choice of Milk
29 Pancakes w/Syrup Or Cereal & Toast Chilled Fruit or Juice Choice of Milk	30 Sausage Biscuit Or Cereal & Toast Chilled Fruit or Juice Choice of Milk			

SEPTEMBER 2008 KINDERGARTEN & FIRST GRADE LUNCH MENU

Elementary Plate Lunch \$2.25

GARLAND INDEPENDENT SCHOOL DISTRICT

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY HOLIDAY 1	Grilled Cheese Sandwich Whole Kernel Corn Strawberries Choice of Milk 2	Corn Dog Buttered Carrots Lime Gelatin w/Fruit Choice of Milk 3	Chicken Fajita Pinto Beans Fruit Cup Choice of Milk 4	Hamburger French Fries Fresh Fruit Choice of Milk 5
Cheese Pizza Mixed Vegetables Chilled Applesauce Choice of Milk 8	Crispy Fried Fish Seasoned New Potatoes Pineapple Chunks Choice of Milk Assort. Homemade Bread 9	Chicken Nuggets California Blend Vegetables Sliced Peaches Choice of Milk Assort. Homemade Bread 10	Chili w/ Beans Mexican Corn Fruit w/Gelatin Choice of Milk Crackers 11	Breaded Chicken on Bun French Fries Fresh Fruit Choice of Milk 12
Hot Dog Baked Beans Pineapple Chunks Choice of Milk 15	Salisbury Steak Broccoli w/ Cheese Sliced Peaches Choice of Milk Assort. Homemade Bread 16	Fried Chicken Mashed Potatoes w/ Gravy Seasoned Green Beans Choice of Milk Assort. Homemade Bread 17	Nachos Grande Refried Beans Fruit Cup Choice of Milk Spanish Rice 18	Hamburger French Fries Fresh Fruit Choice of Milk 19
Pepperoni Pizza Whole Kernel Corn Seasoned Broccoli Choice of Milk Assort. Homemade Bread 22	Macaroni & Cheese English Peas Fruit w/Gelatin Choice of Milk 23	Steak Fingers Mashed Potatoes w/Gravy Green Beans in Cheesy Sauce Choice of Milk Assort. Homemade Bread 24	Enchiladas Pinto Beans Baked Apples Choice of Milk 25	Cheeseburger French Fries Fresh Fruit Choice of Milk 26
Cheese Pizza Peas & Carrots Pineapple Chunks Choice of Milk 29	Bar-B-Que on a Bun Baked Beans Chilled Applesauce Choice of Milk 30			

SEPTEMBER 2008 LUNCH MENU

GARLAND INDEPENDENT SCHOOL DISTRICT

Elementary Plate Lunch \$2.25

Secondary Plate Lunch \$2.35

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
LABOR DAY HOLIDAY	Choice of Entrée: 2 Pepperoni Pizza Grilled Cheese Sandwich Choice of 2 Side Dishes: Whole Kernel Corn Broccoli Rice Casserole Tossed Salad Strawberries Choice of Milk	Choice of Entrée: 3 Lasagna Corn Dog Choice of 2 Side Dishes: Buttered Carrots Baked Apples Fresh Green Salad Lime Gelatin w/ Fruit Choice of Milk	Choice of Entrée: 4 Chicken Fajita Taco Salad Choice of 2 Side Dishes: Pinto Beans Southwest Coleslaw Veggie Sticks w/ Creamy Dip Fruit Cup Choice of Milk	Choice of Entrée: 5 Hamburger Grilled Chicken Sandwich Choice of 2 Side Dishes: French Fries Campus Choice Vegetables Hamburger Salad Fresh Fruit Choice of Milk
Choice of Entrée: 8 Cheese Pizza Turkey Sub Sandwich Choice of 2 Side Dishes: Mixed Vegetables Sandwich Relish Plate Creamed Spinach Chilled Applesauce Choice of Milk	Choice of Entrée: 9 Crispy Fried Fish Sausage Link Choice of 2 Side Dishes: Sugar Snap Peas Whole Kernel Corn Seasoned New Potatoes Carrot-Raisin Salad Choice of Milk Assrt. Homemade Bread	Choice of Entrée: 10 Chicken Nuggets Turkey Pot Pie Choice of 2 Side Dishes: Potatoes Au Gratin California Blend Vegetables Steamed English Peas Sliced Peaches Choice of Milk Assrt. Homemade Bread	Choice of Entrée: 11 Chicken Quesadilla Chili w/Beans Choice of 2 Side Dishes: Mexican Corn Spanish Squash Cole Slaw Fruit w/Gelatin Choice of Milk Assrt. Homemade Bread/Crackers	Choice of Entrée: 12 Cheeseburger Breaded Chicken on Bun Choice of 2 Side Dishes: French Fries Campus Choice Vegetables Hamburger Salad Fresh Fruit Choice of Milk
Choice of Entrée: 15 Cheese Pizza Hot Dog w/Chili Choice of 2 Side Dishes: Baked Beans Potato Salad Garden Salad Pineapple Chunks Choice of Milk Assort. Homemade Bread	Choice of Entrée: 16 Salisbury Steak Teriyaki Chicken w/Rice Choice of 2 Side Dishes: Black-eyed Peas Broccoli w/Cheese Sliced Peaches Veggie Sticks w/Dip Choice of Milk Assort. Homemade Bread	Choice of Entrée: 17 Fried Chicken Tuna Salad Choice of 2 Side Dishes: Mashed Potatoes /Gravy Seasoned Green Beans Squash Casserole Peach Cobbler Choice of Milk Assrt. Homemade Bread/Crackers	Choice of Entrée: 18 Nachos Grande Mexican Cheese Steak Choice of 2 Side Dishes: Refried Beans Seasoned New Potatoes Garden Salad Fruit Cup Choice of Milk Spanish Rice/ Assort. Bread	Choice of Entrée: 19 Hamburger Fish on Bun Choice of 2 Side Dishes: French Fries Campus Choice Vegetables Hamburger Salad Fresh Fruit Choice of Milk
Choice of Entrée: 22 Pepperoni Pizza Cheese Steak Choice of 2 Side Dishes: Steamed Broccoli Buttered Carrots Whole Kernel Corn Fresh Fruit Choice of Milk Assort. Homemade Bread	Choice of Entrée: 23 Chicken Parmesan w/Pasta Macaroni & Cheese Choice of 2 Side Dishes: English Peas Steamed Broccoli Cauliflower Au Gratin Fruit w/Gelatin Choice of Milk	Choice of Entrée: 24 Steak Fingers Beef Tips w/ Rice Choice of 2 Side Dishes: Mashed Potatoes /Gravy Green Beans in Cheesy Sauce Black-eyed Peas Peach Cobbler Choice of Milk Assorted Homemade Bread	Choice of Entrée: 25 Taco Boats Enchiladas Choice of 2 Side Dishes: Baked Apples Pinto Beans Mixed Vegetables Garden Salad Choice of Milk Spanish Rice	Choice of Entrée: 26 Cheeseburger Grilled Chicken Sandwich Choice of 2 Side Dishes: Tater Tots Campus Choice Vegetables Hamburger Salad Fresh Fruit Choice of Milk
Choice of Entrée: 29 Cheese Pizza Corn Dog Choice of 2 Side Dishes: Peas & Carrots Squash Casserole Pineapple Chunks Garden Salad Choice of Milk	Choice of Entrée: 30 Baked Ham Bar-B-Queue on Bun Choice of 2 Side Dishes: Baked Beans Potato Salad Steamed Spinach Chilled Applesauce Choice of Milk Assorted Homemade Bread			