

OCTOBER 2008 BREAKFAST MENU

Enjoy a complete breakfast for only \$1.25

GARLAND INDEPENDENT SCHOOL DISTRICT

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Cheddar Cheese Omelet & Toast Or Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	Sausage Roll Or Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	Hot Oatmeal (8oz) Or Grilled Cheese Sandwich Chilled Fruit or Juice Choice of Milk
6	7	8	9	10
STUDENT HOLIDAY FAIR DAY	STUDENT HOLIDAY	Breakfast Pizza Or Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	Cereal & Toaster Pastry (1) Or Toaster Pastry (2) Chilled Fruit or Juice Choice of Milk	Hot Oatmeal (8oz) Or Cinnamon Raisin Biscuit Chilled Fruit or Juice Choice of Milk
13	14	15	16	17
Pancakes (2) w/Syrup Or Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	Biscuit & Gravy Or Cinnamon Toast Swirl Chilled Fruit or Juice Choice of Milk	Breakfast on Bun Or Cereal & Toast (1) Chilled Fruit Or Juice Choice of Milk	Cinnamon Roll & Sausage Or Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	Hot Oatmeal (8oz) Or Grilled Cheese Sandwich Chilled Fruit or Juice Choice of Milk
20	21	22	23	24
French Toast Sticks Or Scrambled Eggs & Toast Chilled Fruit or Juice Choice of Milk	Breakfast Pizza Or Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	Cheddar Cheese Omelet & Toast Or Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	Blueberry Muffin Or Breakfast Pizza Bites Chilled Fruit or Juice Choice of Milk	Hot Oatmeal (8oz) Or Cinnamon Raisin Biscuit Chilled Fruit or Juice Choice of Milk
27	28	29	30	31
Breakfast on a Bun Or Cereal and Toast (1) Chilled Fruit or Juice Choice of Milk	Sausage Biscuit (1) Or Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	Scrambled Eggs & Cheese & Toast Or Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	Sausage Roll Or Cereal & Toast (1) Chilled Fruit or Juice Choice of Milk	Cinnamon Toast Swirl Or Grilled Cheese Sandwich Chilled Fruit or Juice Choice of Milk

OCTOBER 2008 KINDERGARTEN & FIRST GRADE LUNCH MENU

Elementary Plate Lunch \$2.25

GARLAND INDEPENDENT SCHOOL DISTRICT

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
		Fried Chicken Mashed Potatoes/Gravy Green Beans in Cheesy Sauce Choice of Milk Assorted Homemade Bread	Chili w/ Beans Celery Sticks Corn on Cob Choice of Milk Crackers	Cheeseburger French Fries Fresh Fruit Choice of Milk
6	7	8	9	10
FAIR DAY HOLIDAY	STUDENT HOLIDAY	Steak Fingers Mashed Potatoes /Gravy Seasoned Green Beans Choice of Milk Assorted Homemade Bread	Taco Roll Pinto Beans Veggie Sticks w/ Creamy Dip Choice of Milk	Grilled Chicken Sandwich French Fries Fresh Fruit Choice of Milk
13	14	15	16	17
Cheese Pizza Mixed Vegetables Fruit w/Gelatin Choice of Milk	Spaghetti w/Meat Sauce Seasoned New Potatoes Sliced Peaches Choice of Milk	Chicken Nuggets Potatoes Au Gratin Steamed English Peas Choice of Milk Assorted Homemade Bread	Gordita Mexican Corn Fruit Cup Choice of Milk	Cheeseburger French Fries Fresh Fruit Choice of Milk
20	21	22	23	24
Hot Dog w/ Chili Baked Beans Chilled Applesauce Choice of Milk	Macaroni & Cheese Steamed Broccoli Black-eyed Peas Choice of Milk	Fried Chicken Mashed Potatoes/ Gravy Green Beans Choice of Milk Assorted Homemade Bread	Nachos Grande Pinto Beans Fruit Cup Choice of Milk	Hamburger French Fries Fresh Fruit Choice of Milk
27	28	29	30	31
Pepperoni Pizza Broccoli w/ Cheese Whole Kernel Corn Choice of Milk	Bar-B-Que on Bun Baked Beans Fruit w/ Gelatin Choice of Milk	Steak Fingers Steamed New Potatoes Fruit Cup Choice of Milk Assorted Homemade Bread	Enchiladas Baked Apples Refried Beans w/ Tortilla Chips Choice of Milk	Breaded Chicken on Bun Tater Tots Fresh Fruit Choice of Milk

OCTOBER 2008 LUNCH MENU

GARLAND INDEPENDENT SCHOOL DISTRICT

Elementary Plate Lunch \$2.25

Secondary Plate Lunch \$2.35

Menus are subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
		Choice of Entrée: 1 Fried Chicken Beef Tips w/Rice Choice of 2 Side Dishes: Mashed Potatoes/Gravy Green Beans in Cheesy Sauce Black-eyed Peas Peach Cobbler Choice of Milk Assort. Homemade Bread	Choice of Entrée: 2 Chili w/Beans Chicken Quesadilla Choice of 2 Side Dishes: Celery Sticks Corn on Cob Mixed Vegetables Fruit w/Gelatin Choice of Milk Crackers/Spanish Rice	Choice of Entrée: 3 Cheeseburger Grilled Chicken Sandwich Choice of 2 Side Dishes: French Fries Campus Choice Vegetable Hamburger Salad Fresh Fruit Choice of Milk
STUDENT HOLIDAY FAIR DAY	STUDENT HOLIDAY	Choice of Entrée: 8 Chicken Fried Chicken Beef Stew Choice of 2 Side Dishes: Mashed Potatoes/ Gravy Seasoned Green Beans Sliced Peaches Garden Salad Choice of Milk Assorted Homemade Bread	Choice of Entrée: 9 Taco Roll Chicken Fajitas Choice of 2 Side Dishes: Pinto Beans Southwest Cole Slaw Veggie Sticks w/Creamy Dip Fruit w/Gelatin Choice of Milk Spanish Rice	Choice of Entrée: 10 Hamburger Grilled Chicken Sandwich Choice of 2 Side Dishes: French Fries Campus Choice Vegetable Hamburger Salad Fresh Fruit Choice of Milk
Choice of Entrée: 13 Cheese Pizza Turkey Sub Sandwich Choice of 2 Side Dishes: Mixed Vegetables Creamed Spinach Sandwich Relish Plate Green Salad Choice of Milk	Choice of Entrée: 14 Spaghetti w/Meat Sauce Grilled Chicken w/BBQ Sauce Choice of 2 Side Dishes: Sugar Snap Peas Whole Kernal Corn Seasoned New Potatoes Carrot-Raisin Salad Choice of Milk Assorted Homemade Bread	Choice of Entrée: 15 Chicken Nuggets Turkey Pot Pie Choice of 2 Side Dishes: Potatoes Au Gratin California Blend Vegetables Steamed English Peas Peach Cobbler Choice of Milk Assorted Homemade Bread	Choice of Entrée: 16 Burrito w/Chili Gordita Choice of 2 Side Dishes: Mexican Corn Spanish Squash Cole Slaw Fruit Cup Choice of Milk	Choice of Entrée: 17 Cheeseburger Breaded Chicken on Bun Choice of 2 Side Dishes: French Fries Campus Choice Vegetable Hamburger Salad Fresh Fruit Choice of Milk
Choice of Entrée: 20 Cheese Pizza Hot Dog w/Chili Choice of 2 Side Dishes: Baked Beans Garden Salad Pineapple Slices Chilled Applesauce Choice of Milk	Choice of Entrée: 21 Salisbury Steak Macaroni & Cheese Choice of 2 Side Dishes: Black-eyed Peas Steamed Broccoli Carrot & Celery Sticks Pears Choice of Milk Assorted Homemade Bread	Choice of Entrée: 22 Fried Chicken Tuna Salad Choice of 2 Side Dishes: Mashed Potatoes/Gravy Green Beans Squash Casserole Sliced Peaches Choice of Milk Assorted Bread / Crackers	Choice of Entrée: 23 Nachos Grande Mexican Cheese Steak Choice of 2 Side Dishes: Pinto Beans Steamed New Potatoes Vegetable Salad Fruit Cup Choice of Milk Assort. Bread / Spanish Rice	Choice of Entrée: 24 Hamburger Grilled Chicken Sandwich Choice of 2 Side Dishes: French Fries Campus Choice Vegetable Hamburger Salad Fresh Fruit Choice of Milk
Choice of Entrée: 27 Pepperoni Pizza Teriyaki Chicken Choice of 2 Side Dishes: Broccoli w/ Cheese Steamed Carrots Whole Kernal Corn Strawberries Choice of Milk Rice Pilaf	Choice of Entrée: 28 Chicken Parmesan On Pasta Bar-B-Que on Bun Choice of 2 Side Dishes: Potato Salad Baked Beans Steamed Spinach Lime Gelatin w/Fruit Choice of Milk	Choice of Entrée: 29 Baked Ham Steak Fingers Choice of 2 Side Dishes: Steamed New Potatoes Cauliflower Au Gratin Seasoned Green Beans Fruit Cup Choice of Milk Assorted Homemade Bread	Choice of Entrée: 30 Taco Boats Enchiladas Choice of 2 Side Dishes: Refried Beans w/Tortilla Chips Mixed Vegetables Garden Salad Baked Apples Choice of Milk Spanish Rice	Choice of Entrée: 31 Hamburger Breaded Chicken on Bun Choice of 2 Side Dishes: Tator Tots Campus Choice Vegetable Hamburger Salad Fresh Fruit Choice of Milk