

All students are required to earn 1 semester (1/2 credit) of HEALTH education for graduation. Students can select from any of the following courses to meet this requirement. Students enrolled in a Health course or in a course receiving a Health waiver at the high school level will be discussing many topics including abstinence, sexually transmitted diseases (including AIDS/HIV) and reproduction. A Parenting and Paternity Awareness curriculum has also been mandated through the Office of the Attorney General to be taught in high school health courses. Parents may choose not to have their student participate during these lessons by contacting their student's teacher. Recent legislation (HB 897) also requires all high school students to receive instruction in Hands Only Cardio Pulmonary Resuscitation (CPR) skills as well.

|       |  |          |          |
|-------|--|----------|----------|
| 59027 | Applied Personal Health & Hygiene IV (B)   | 1 credit | Gr: 9-12 |
| 59028 | Applied Personal Health & Hygiene V (B)    |          |          |
| 59029 | Applied Personal Health & Hygiene VI (B)   |          |          |
| 59030 | Applied Personal Health & Hygiene VII (B)  |          |          |
| 59019 | Applied Personal Health & Hygiene VIII (B) |          |          |



**Prerequisite:** Eligible for A. L. E. program/placement by the ARD Committee.

**Description:** [Applied Learning Environment (A. L. E.) Course] Coursework addresses basic skills necessary to maintain health and personal hygiene. These courses are primarily for A.L.E. students placed by the ARD Committee.

|       |                  |          |          |
|-------|------------------|----------|----------|
| 59086 | Basic Health (B) | 1 credit | Gr: 9-12 |
|-------|------------------|----------|----------|



**Prerequisite:** Health required by ARD as denoted on ARD Schedule Page.

**Description:** [Base/ABC/PAC] This is a locally designed course aligned with the Texas Essential Knowledge and Skills for Health and determined by the ARD Committee to be a suitable substitute for Health.

|       |                             |            |          |
|-------|-----------------------------|------------|----------|
| 54115 | Health Education (R)        | 0.5 credit | Gr: 9-12 |
| 55593 | Health Education (R) online |            |          |

**Prerequisite:** None

**Description:** In Health, students develop skills that will make them health-literate adults. Students gain a deeper understanding of the knowledge and behaviors they can use to safeguard their health. Students are taught how to access accurate information for themselves and others to promote health. Students use problem solving, research, goal-setting, and communications skills to protect their health and that of the community.

|       |                       |            |          |
|-------|-----------------------|------------|----------|
| 54116 | Health Education (DC) | 0.5 credit | Gr: 9-12 |
|-------|-----------------------|------------|----------|



**Prerequisite:** None

**Description:** [College and Career Magnet course offered only at LCHS] In this dual credit (PHED 1304) Health course, students develop skills that will make them health-literate adults. Students gain a deeper understanding of the knowledge and behaviors they can use to safeguard their health. Emphasis is placed on relating course content to lifestyle to foster a better understanding of the major health issues of today. Current issues include, but are not limited to: emotional health, chemical use and abuse, human sexuality, major diseases, physical fitness, nutrition, aging, death and dying. Students must meet dual-credit eligibility criteria, but this course does not satisfy the physical education activity course requirement which must be met after leaving high school and enrolling at an institution of higher education.

NOTE: All courses may not be offered on every campus.

Students successfully completing any of the following courses earn a waiver for the required Health ½ credit:

**88145 Principles of Health Science (R)** **1 credit** **Gr: 10-12**  
**88152 MST Principles of Health Science (R)**

### **MST**

**Prerequisite:** 3112 Biology I (may be taken concurrently)

**Description:** [Waiver for required Health offered for this course] This course is required to take 8108 (DC) Health Science û Clinical Rotation I or 8107 (DC) MST Health Science û Clinical Rotation I (NGHS only). This course includes skills related to the health care industry such as taking vital signs, body mechanics, medical terminology and other entry level skills. Course content relates to patient relationships, working environments, ethical and legal responsibilities. Varied health care occupations are explored to aid students in career selection and prepare them for future employment. This one-credit course satisfies the requirement for one-half credit of Health. Students must take both courses Principles of Health Science and Health Science to be eligible for Dual Credit or Articulation.

**88150 Health Science - Clinical Rotation I (R)** **2 credits** **Gr: 11-12**  
**88108 Health Science - Clinical Rotation I (DC)**  
**88153 MST Health Science - Clinical Rotation I (H)**  
**88107 MST Health Science - Clinical Rotation I DC (H)**

### **D MST**

**Prerequisite:** 16 years of age, and 8145 Principles of Health Science / 8152 MST Principles of Health Science, or 3420 or 3421 (Honors) Anatomy and Physiology is required along with an application into this program

**Description:** [Waiver for required Health offered for this course] This course is for students seriously interested in a health care career. It is designed to provide for the development of advanced knowledge and skills related to a wide variety of health careers. Students will have in class hands-on experiences for continued knowledge and skill development. The course may be taught by different methodologies such as clinical rotation, internships and career preparation learning. Students may spend two classroom periods, two or three days a week at Baylor Medical Center at Garland, Plano and Richardson, Lake Pointe Medical Center in Rowlett, Columbia Hospital at Medical City, Doctors Hospital, Methodist Richardson Medical Center, UT Southwestern Medical Center, or Presbyterian Hospital. Students will have the opportunity to investigate and observe a large variety of health care areas rather than a single health care field. The co-curricular Health Occupations Students of America (HOSA) organization provides the opportunity for the student to be active in competitions, community service projects, and to develop leadership skills. Testing, including drug screenings, background checks and additional immunizations may be required by the cooperating healthcare facility. Fees including but not limited to: clinical rotation insurance, testing/screening, uniform, and HOSA. This course will require an application and acceptance into this program.

NOTE: All courses may not be offered on every campus.